

The Menu

To Start

Bread, Olives & Balsamic	£4.95
Homemade Soup of the Day Crusty Bread and Butter	£5.95
Breaded Brie Wedges (V) Cumberland Sauce, House Garnish	£6.95
Blue Bell Pot Creamy Garlic Mushrooms with Bacon Topped with Mature Cheddar & Baked, Crusty Bread, House Garnish	£6.95
Southern Fried Chicken Goujons BBQ Dip, house garnish	£6.45
Thai Cod & Prawn Fishcake (GF) Sweet chilli sauce dip, house garnish	£6.45
Cheesy Garlic Pizza	£4.95

From the Grill

Burgers

Served in a Bun with Salad & Chips

Steak Burger with Goats Cheese & Red Onion Marmalade	£13.95
Steak Burger with Mature Cheddar & Chilli Jam	£13.95
Vegetable Burger with Cheddar & Chilli Jam (V)	£11.95

Steaks

Served cooked to your liking, with Grilled
Tomato, Flat Mushroom & Lambs Lettuce

Prime Cumbrian Sirloin (GF)	£19.95
Horseshoe Gammon, Egg & Pineapple Salsa (GF)	£14.95
Surf & Turf Topped with Scampi	£23.95
Peppercorn Sauce	£2.95
Blue Cheese Sauce	£2.95
Onion Rings	£2.95

Pensioners Lunch Special

£6.95

Scampi, Cumberland Sausage or Roast Ham &
Egg Served with Chips and
Peas or Salad

Includes a Cup of Tea

Enjoy Dessert of the Day for £3.95

Little Nippers

£5.95

Chicken Nuggets
Cumberland Sausage
Fish Fingers
Chicken Burger
Ham & Egg (GF)

Served with Chips, Mash or Wild Rice

and

Peas, Beans or Salad

Blue Bell Classics

Home Roast Ham Wedge, Hens Egg & Chips (GF) <i>with Pineapple Salsa</i>	£11.95
Creamy Garlic Chicken <i>Strips of Chicken in a Creamy Garlic Mushroom & Bacon Sauce Served with Wild Rice & Lambs Lettuce (½ Rice ½ Chips £1.20 Sup)</i>	£14.95
Cumberland Sausage Ring <i>Caramelised red onions, Creamy mash, fresh vegetables, proper gravy</i>	£11.95
Sizzling Chinese Chicken (GF) <i>Strips of Chicken and Vegetables in a Spicy Chinese style Sauce, Served Sizzling on an Iron Skillet with Wild Rice, house salad (½ Rice ½ Chips £1.20 Sup)</i>	£14.95
Thai Cod and Prawn Fishcakes (GF) <i>Chips, house salad, sweet chilli</i>	£12.95
Mushroom Wellington (V) <i>Mushroom, hazelnut, spinach, cranberry, brie, in golden pastry, chips, house salad</i>	£14.95
Vegetable Curry of the Day (V) (GF) <i>Wild Rice, House Salad</i>	£13.95
Sizzling Chinese Vegetables (V) (GF) <i>Vegetables in a Spicy Chinese style Sauce, Served Sizzling on an Iron Skillet with Wild Rice, house salad (½ Rice ½ Chips £1.20 Sup)</i>	£11.95

Sandwich's & Jackets

(Served Monday - Saturday 12-14.30 only)

Baguettes	£6.95
Your choice of Roast Ham, Tuna Mayo or Cheddar & Claire's Handmade Chutney on a Fresh White Baguette with Salad Garnish	
Cumberland Sausage & Onion Marmalade Baguette	£9.95
Local Cumberland Sausage with Onion Marmalade in a White Baguette Served with Chips & Gravy	
Southern Fried Chicken Wrap	£9.95
Breaded chicken goujons, sweet chilli and mayo hot buffalo sauce and cheese or bbq and cheese & Dressed Leaves	
Oven Baked Jacket Potato	£7.95
Served with house salad and your choice of Cheddar, Tuna Mayo, or Baked Beans	

www.bluebelldalston.co.uk

t : 01228 712 061

Chippy Tea

All Served with Chips &
Homemade Mushy Peas!

Prime Cumbrian Steak Pie	£13.45
Cumberland Sausage & Egg	£11.95
Wholetail Scampi	£12.95
Beer Battered Cod	£12.95

“The BEST Sunday
Lunch in town”

Sundays at THE Blue Bell INN

Served every Sunday from 12-3pm

Why not treat yourself and the family to
one of our famous Sunday lunches

Your Choice of Slow Roasted Cumbrian Beef,
or Baked Yorkshire Ham, served with Creamy
Mashed, and Roast Potatoes, Fresh Vegetables,
Yorkshire Pud and of course **PROPER GRAVY!**

Sunday Supper £16.95

Your choice of one of our classic
Main Courses with Dessert

Served 4:00 - 8:00pm

THE Blue Bell

INN

John Watts of Carlisle

Fresh Ground Coffee

Latte	£2.70
Cappucino	£2.70
Americano	£2.60
Mocha	£2.70
Hot Chocolate	£2.70
Tea	£2.50
Herbal Tea	£2.50
Irish Coffee	£6.45

Special Offers

Monday	2 Sizzlers for £20
Tuesday	Kids eat for £1 with every adult main
Wednesday	Curry Night Curry and a drink for £9.99
Thursday	Pie & Pud Night Choice of Pie and a Pudding for £12
Friday	Let the weekend be Gin Double up for £1.50 on all Gins
Saturday	Early Bird Special 4-6 Selected main courses and a dessert for £14
Sunday	Our Signature Roast Dinners Served 12-3pm

not available with any other offers or promotions

Sweet Stuff

£6.45

Sticky Toffee Pudding
with Vanilla Ice Cream

White Chocolate and Raspberry Roulade
with Raspberry Sorbet (GF)

Lemon & Raspberry Pudding
with Lemon Meringue Ice Cream

Brownie of the Day
with Salted Caramel Ice-cream

Candy Sundae
Vanilla ice cream with chocolate sauce and a selection goodies topped with whipped cream

Sticky Toffee Sundae
Vanilla ice cream, toffee sauce and chunks of sticky toffee pudding, topped with whipped cream

Irish Coffee

....it truly is a
*Traditional
Village Pub!...*

Wines

250ml	£5.70
175ml	£4.10
Bottle	£15.95

White

Pinot Grigio - Italy
Chardonnay - South Africa
Sauvignon Blanc - Chilli

Red

Shiraz - South Africa
Merlot - Chilli

Rose

White Zinfandel, California
Pinot Grigio Blush, Italy

Something Special £19.95

Only available by the Bottle

Sauvignon Blanc - New Zealand
Rioja - Spain

Private Hire at THE Blue Bell INN

Our Restaurant is available for exclusive use, for anything from Intimate Gatherings to Family Parties.

Gin Bar

A Premium Selection of Local and Exotic Gins with a Range of Tonics.

Please come to the Bar and let us help you find your favourite!

*A Family Friendly
Pub which has a
Separate Dining Area
and Outside Seating*

Food Served

Mon: 12:00 - 14:30 | 17:30 - 20:00

Tue - Fri: 12:00 - 14:30 | 17:30 - 20:30

Sat: 12:00 - 15:00 | 16:00 - 20:30

Sun: 12:00 - 15:00 | 16:00 - 20:00

THE Blue Bell INN